



*New Leaf Foods, Inc. supports the health and well-being of the people of Greater Green Bay by promoting healthy food access and education and by cooperating throughout Northeast Wisconsin to build a thriving local food system in a clean environment.*



*Taking place at Green Bay Botanical Garden*

## YOU ARE INVITED

### To NEW Food Forum's Urban Food Forest Visioning Session 2pm - 6pm, Friday, September 30th

[SIGN UP](#)

*On Friday, September 30, from 2-6 pm, UW-Extension, New Leaf Foods, NEW Food Forum, Green Bay Botanical Gardens, and Northeast Wisconsin Technical College Sustainable Agriculture Program will be holding a learning session to discuss the ongoing Urban Food Forest project.*

This past season, the Urban Food Forest project has focused on selling plants that provide an edible landscape - such as **raspberries, blackberries, elderberries, plum trees, apple trees, black chokeberries, and hazelnuts**. These are plants that not only enhance the beauty of any yard but also provide growers with delicious, healthy options that grow year after year.

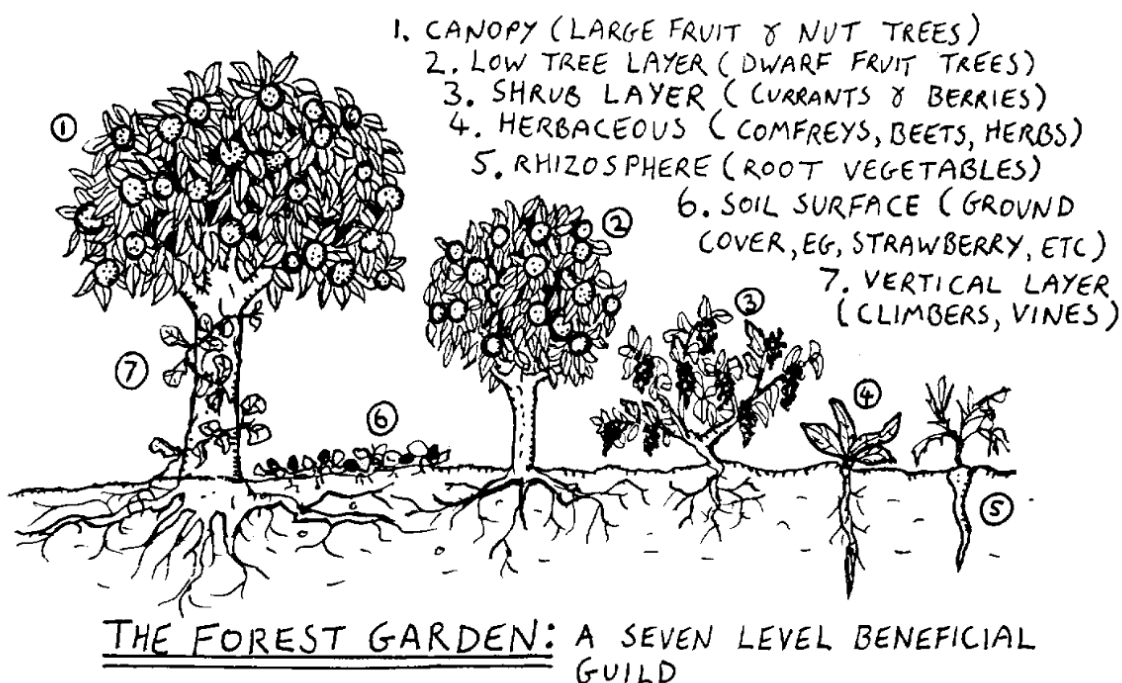
The facilitator of this event, Patrick Nehring, is a UW-Madison Extension Community Development Educator and Professor who has provided consultation about regional food systems to over 300 organizations seeking guidance on how to strengthen the regional economy and enhance the local quality of life.

If you would like to be a part of the planning of this project, please join us to help envision its future. What would you like the Brown County Urban Food Forest project to look like? Where do you think the Urban Food Forest project should be located? What types of plants would you like to see next year? How can we grow or source

the plants we give out sustainably? What kinds of work or partnerships do you think could really make this project flourish?

We hope to see you there!

*This event comes from the collaboration of efforts of University of Wisconsin Brown County Extension, New Leaf Foods, NEW Food Forum, Green Bay Botanical Gardens, and Northeast Wisconsin Technical College Sustainable Agriculture Program.*



Layers of a Food Forest. Diagram by [Graham Burnett](#)

## What is a Food Forest?

By: Josh Kufahl

Forests are ecosystems with a diversity of plants, animals, and fungi. They were designed by nature to have perfect balance. A food forest is a version of this in which the different, balanced components produce food.

A food forest typically consists of seven layers, the uppermost layer being the canopy layer. The canopy layer consists of tall trees — typically large fruit and nut trees. Between the tall canopy layer trees, there is a layer of low growing, typically dwarf fruit trees. Nestled between all the small trees



are the shrubs – which are well represented by currants and berries. Filling the remaining space are the herbaceous layer, these are the culinary and medicinal herbs, companion plants, bee-forage plants and poultry forage plants. Any remaining space is occupied by ground cover plants. These form a living mulch that protects the soil, reduces water loss to evaporation, and prevents weeds growing.

**What layer comes next?**

**Why should YOU grow a food forest?**

**What are the financial, ecological, and social benefits of doing so?**

*Read the rest of the blog article on our website to find out:*

[Read More](#)

## **Volunteer Spotlight: Dillon Weist**



Dillon Weist is a powerhouse volunteer!

He has been volunteering with the Garden Blitz for several years and never hesitates to take on a leadership position. He has done everything from building boxes, shoveling dirt, being a team leader, recruiting friends to help, purchasing plants, watering and transporting them and taking on the newest role of Urban Food Forest Coordinator for the 2022 Blitz. He is a dependable, devoted, passionate, knowledgeable volunteer.

Dillon is a graduate of the Sustainable Agriculture & Food Systems at Northeast Wisconsin Technical College, Green Bay, WI. He received his Permaculture Design Certification from the Tui Community, Golden Bay, Aoteroa (New Zealand). Currently Dillon

is the Bounty Garden Manager, and Lab Assistant for the Sustainable Agriculture program at Northeast Wisconsin Technical College as well as the delivery driver for Farmers Best Home Delivery. A modern day milkman!

We appreciate all the Dillon has done for our project over the years and we look forward to all that you bring to our community!

## Introducing... Laurel Phoenix!

Laurel Phoenix says that every summer, she tends to a large organic garden to which she adds improvements each year, and then stores, preserves or gives away whatever she cannot eat fresh. Each year, she learns from her mistakes. Her first garden was back in the late '70s on an off-grid farm in upstate Maine. Her experience there with hand-pumping all water, cooking on a wood stove with hand-chopped wood and having no electricity is what taught her how water and energy are precious.



They shaped her career.

Phoenix's doctorate is in Watershed Management and Hydrology, and she has taught at University of Wisconsin-Green Bay for 22 years where her courses are aimed at preparing students to shape their communities to be resilient to the environmental and economic forces the future brings us. Her fields of interest are Limits to Growth, Food/Water/Energy Nexus, Water Resources Management, Drinking Water Quality and Infrastructure, Rural Planning, Resilient Communities.

We have recently welcomed Laurel Phoenix onto the New Leaf Foods Board, and are excited to learn more from her and her experiences!

## **NOW HIRING: AmeriCorps Member for 2022-2023**

**As Our Policy, Outreach and Communications Coordinator**

**Looking to fill 1 Part-Time Position**



Serving as an AmeriCorps Member for any host site means having the opportunity to play a vital role in tackling your communities' most pressing



challenges.

As an AmeriCorps Community Corps member with Marshfield Clinic Health System, you can serve hand-in-hand with people at an organization working to improve health such as a nonprofit, clinic, hospital, coalition, public health department, governmental agency or youth-serving organization. You may coordinate and work events; provide educational materials and programs; or support organizational activities and operations.

[Learn more.](#)

Part time position hours flexibly average at about 20 per week, mostly virtual.

Open to high school graduates at least ages 17 and older, preference to college students and graduates. Hurry! Applications accepted through Dec. 12, 2022.

If you or someone you know is interested in applying for this position, don't hesitate! Contact us, and send us your resume and some information about yourself to our email: [newleaffoodsgreenbay@gmail.com](mailto:newleaffoodsgreenbay@gmail.com)

Looking for an internship? [Visit our internship page](#) to learn more about our available internship positions!

APPLY NOW

## Thank you for serving New Leaf Foods

Our exiting AmeriCorps member: Isabel Taubel  
Community Corps Member January - August 2022

Pictured right, Isabel Taubel, New Leaf Food's current AmeriCorps member.

Thank you, Isabel Taubel, for your MCHS AmeriCorps Community Corps service to New Leaf Foods!

At the end of August, Isabel will complete her service as an AmeriCorps Member with New Leaf Foods. All of us New Leaf volunteers are deeply grateful to her for all her good work on healthy food access and education in our little corner of the big, wide world.



She was critical to the success of this year's Garden Blitz. Isabel also played a major role in moving forward on New Leaf Foods' projects the NEW Regional Food Action Plan. For example, one of our goals is to develop New Leaf Foods as a local food communication hub. Isabel researched and selected the most helpful community calendar applications, build the calendar app into our website, tested its useability, and publicized it to our regional partners. She also has managed our monthly newsletter, developed graphic designs for social media projects, reached out for new volunteers, and attended and contributed ideas at all meetings and to all of our various programs. Isabel has also managed event sign-ups and promotion (google sign-up forms, email invitations, Facebook events), designed flyers for public use, designed project logos (10th Garden Blitz, and the Brown County Seed Library project), and helped begin the Blitz Narrative project through interviewing and writing a blog article about a garden box recipient. Whew!

And throughout all our time working together, Isabel has been a generous, kind, and thoughtful team member. Isabel, we look forward to celebrating your continuing good work and life milestones. Good luck and please stay in touch!

## visit Our Booths:

*Wednesday, September 28th*

**Eat healthy.  
Support farmers.  
Enjoy music.**



*Tuesday, September 20*

**Find volunteer opportunities.  
Strengthen the community.**

### Calendar of Events:

Visit our booth at the Farmers Market On Broadway [View](#)

- September 28th, 3-7pm, Broadway St., Green Bay

Visit us at our Volunteer Expo booth [View](#)

- September 20th, 3-6pm, Resch Expo, Green Bay

## Urban Food Forest Visioning Session [Sign Up](#)

- September 30th, 2-6pm, Green Bay Botanical Gardens

### Do you have a story to share about Local, Healthy Food?

Keep an eye out for upcoming features on our blog! If you have a story to share, please reach out to us at [newleaffoodsgreenbay@gmail.com](mailto:newleaffoodsgreenbay@gmail.com). We would love to hear more about your experience and share with them community. We're seeking stories from local chefs, gardeners, farmers, market managers and anyone whose work impacts our local foods value chain.

View our blog at <https://newleaffoods.org/new-leaf-news>.

### Thank You to Our Sponsors:



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New Leaf Foods, Inc. | P O Box 1562, Green Bay, WI 54305

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