



**July 2023**

New Leaf Foods, Inc. supports the health and well-being of the people of Greater Green Bay by promoting healthy food access and education and by cooperating throughout Northeast Wisconsin to build a thriving local food system in a clean environment.

---

**Upcoming Events**

**If you are looking for more events, click [HERE](#)**

# ECO- GARDENING:

Organic Soil, Gardening & Compost

Monday, August 7 5:45-7:45 pm



**FREE workshop with Valerie Dantoin, Organic Agriculture Instructor at Northeast Wisconsin Technical College.**

- Val holds a master's degree in agronomy from UW-Madison and has 25 years of experience as an organic gardener/farmer.
- Learn best practices to lay the foundation for a successful and productive organic garden, including keys to building and maintaining healthy garden soil, nurturing seeds and seedlings, and organic pest and disease control.
- Come early to see what's growing in the Library's Edible Garden!

Presented in collaboration with:



Your place for information, entertainment, community, and culture.

515 Pine Street  
Green Bay, WI 54301

920.448.4400  
browncountylibrary.org



## Kitchen Directory

We are building a kitchen directory. This means that we are trying to find all the kitchens in our community that are open to the community.

We are looking for:

A **commercial (grade) kitchen** is a fully equipped prep kitchen that is rented out for shared use.

A **collective community kitchen** is a place where individuals can gather to pre-prepare meals, both for themselves and for their families.

**Shared use kitchens** are licensed commercial spaces that

provide a pathway for food entrepreneurs.

A **licensed kitchen** is an inspected, registered commercial kitchen where foods intended for sale can be safely made, in accordance with laws and regulations.

To add to our list click [HERE](#)

---

## Recipe of the Month



### HONEY GLAZE SALMON

Prep Time: 8 minutes

Cook Time: 10 minutes

Serves: 4

Find Recipe [HERE](#)

---

## Brown County Seed Library

### PLANTING FOR A FALL GARDEN

July is the time to start thinking about your fall garden. Many crops can be planted now with the intention of harvesting in fall or even early winter. Our estimated first frost date for zone 5A is October 15th. So a July 15th planting gives you 90 growing days until the first frost.



Read full Article [HERE](#)

## LIVING SOIL AND

# PLANNING YOUR NO-TILL GARDEN- JULY



Last month we talked about methods for turning over beds as discussed in Jesse Frost's book "The Living Soil Handbook". This month I would like to talk about path management.

Read full Article [HERE](#)

---

## Blog Posts

### PLANT PROFILE: MOUNTAIN MINT

Mountain Mint is a lovely herbaceous perennial plant that is in the genus *Pycnanthemum* and a member of the Lamiaceae family. There are 20 species of *Pycnanthemum* native to the US and Canada. The pictures here show *Pycnanthemum virginianum*, which is a native to our area of the country



Read full Article [HERE](#)

### Food Forest Story

Emilyn Linden walks us through her food forest and tells us what she has learned.

Read full article [HERE](#)



---

## NEW Food Forum

### 2023 FEED Summit in Green Bay

The Community Food Systems Program's Food Entrepreneurship Ecosystem Development (FEED) Initiative is a statewide program that promotes food entrepreneurship training and network development for value-added producers and individuals facing structural barriers to food entrepreneurship.



---

## Volunteer Spotlight

### Introducing our newest board member! Melissa Wass

Hi, my name is Melissa Wass,  
and I am so excited to have



been asked to join New Leaf Foods!

Read more about Melissa [HERE](#)



## Volunteer Needs

- [Grant Writer](#)
- [Volunteer Coordinator](#)
- [Communication Team Members](#)
- [Photographer](#)

Click [HERE](#) to for more information on how to volunteer for New Leaf Foods!

DONATE

## Contact

Reach out to us at [info@newleaffoods.org](mailto:info@newleaffoods.org). We would love to hear more about your experiences and share them with our community.

Keep an eye out for upcoming features on our blog! View Here: <https://newleaffoods.org/blog>

Subscribe to our newsletter!  
<https://lp.constantcontactpages.com/su/6YrwtxO/Signupforemails>



Visit our Website

New Leaf Foods, Inc. | P O Box 1562, Green Bay, WI 54305

[Unsubscribe\\_newleaffoodsgreenbay@gmail.com](mailto:Unsubscribe_newleaffoodsgreenbay@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)  
Sent by newleaffoodsgreenbay@gmail.com powered by



Try email marketing for free today!