#### DONATE



#### October 2023

New Leaf Foods, Inc. supports the health and well-being of the people of Greater Green Bay by promoting healthy food access and education and by cooperating throughout Northeast Wisconsin to build a thriving local food system in a clean environment.

#### **Upcoming Events**



## The Indoor Garden

OCTOBER 17, 2023, 6:00PM-7:30PM

S13/GARDEN MEMBER; S16/GENERAL PUBLIC VIRTUAL AND IN-PERSON AT THE BOTANICAL GARDEN

When the outdoor gardening season ends, many plant lovers turn to the indoor garden. There are house plants for all areas of the home. We'll discuss some of the most beautiful and it easiest to grow, as well as rarities and collectible plants, growing herbs and other edibles indoors, hanging gardens, and many more fun and beautiful suggestions.

LEARN MORE: HTTPS://WWW.GBBG.ORG/EVENTS/THE-INDOOR-GARDEN/



Brown County Library East Branch, 2255 Main St, Green Bay, WI 54302

Dig into surprising facts about what really happens when you put your food waste in the trash or garbage disposal, and discover the many benefits of composting instead. Learn techniques, equipment, which items you can compost, and tips for small yards, renters, and year-round and indoor composting. Presented by Dean Hoegger, retired teacher and President/Executive Director of Clean Water Action Council of Northeast Wisconsin.

LEARN MORE AT THE BROWN COUNTY LIBRARY WEBSITE

# If you are looking for more events, click <u>HERE</u>

New Leaf Foods in the News

#### **Fox 11**



Watch the broadcast, and read more of what Food Forest Project Manager Josh Kufahl, and Food Forest volunteer Sarah Jane Peters had to say here: <u>Fox 11 Article</u>

"According to Kufahl, 'The push is to get more berry plants, fruit trees in so we can have the neighborhood hopefully get involved and helping and building a more resilient food system.'"

#### **Green Bay Press Gazette**

Read the full article here: Green Bay Press Gazette Article

"Seymour Park is in the midst of a transformation — the city has approved several projects to bring families to the park and make use of its greenery. The area will become an outdoor classroom, a center to celebrate local musicians, a place that combats food insecurity in the neighborhood through the new food forest, and prevent flooding in the area with newly created retention ponds."

Thank you so much to both publications for spreading the word about Seymour Park and the importance of local, accessible, healthy food!





#### BUTTERNUT SQUASH SOUP

Prep Time: 10 minutes

Cook Time: 45 minutes

Serves: 6

Find Recipe <u>HERE</u>



## HARVEST PROFILE: PUMPKIN

It's pumpkin season - and that includes all kinds: whole pumpkins, pumpkin spice lattes, and pumpkin pie in stores. It's an American classic!

#### Read full Article <u>HERE</u>

#### **Brown County Seed Library**

Please join the Brown County Seed Library for their first seed packing event of the fall. We will be gathering at the STEM Innovation Center, room 136, to clean and pack seeds to replenish the library and prepare for next year's launch.

<u>Please register here for the</u> <u>session you would like to attend</u>

Session 1: 9am - 11:30am Session 2: 12pm - 2:30pm



## **Volunteer Spotlight**





## LuTia Colbert and Braedon Richlen





Welcome LuTia Colbert and Braedon Richlin, 2023-24 MCHS AmeriCorps Community Corps Members! New Leaf Foods is so blessed and grateful that you have chosen to share your time, talent, and expertise with us.

Read more about LuTia and Braedon HERE

## **Volunteer Needs**

- <u>Grant Writer</u>
- <u>Volunteer Coordinator</u>
- Communication Team Members
- <u>Photographer</u>
- <u>Hmong Translator</u>
- Spanish Translator

#### Click <u>HERE</u> to for more information on how to volunteer for New Leaf Foods!

Brown County Parks wants YOUR feedback. Learn more below:



#### Suggestion: Request more food forests! Access the survey by scanning the QR code, or by clicking <u>HERE</u>.



Reach out to us at <u>info@newleaffoods.org</u>. We would love to hear more about your experiences and share them with our community.

Keep an eye out for upcoming features on our blog!View Here: https://newleaffoods.org/blog

Subscribe to our newsletter!



Visit our Website

New Leaf Foods, Inc. | P O Box 1562, Green Bay, WI 54305

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